

Experts dedicated to
building a healthier you.



Now serving Iowa, Minnesota, Nebraska,
North Dakota, South Dakota, and Wisconsin.

800.634.7710 startwitteam.com

For any health concern,
start with  **TEAM**
Wellness at Work

PATIENT ADVOCACY SERVICES

Health + wellness guidance to help you:

- Understand medical conditions and diagnoses
- Eat healthier and find your ideal weight
- Get you to the best care for just about any condition
- Coordinate your care for orthopedic conditions and surgeries
- Get you second opinions and in-network referrals
- And more!

EMPLOYEE ASSISTANCE PROGRAM SERVICES

Video-conference and face-to-face help for:

- Alcohol or Drug Problems
- Family / Parenting Issues
- Depression / Anxiety
- Grief and Loss
- Behavioral Concerns
- Stress Management
- Relationship Challenges
- Job-Related Difficulties

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All services
are confidential



24/7 phone
assistance